

# Lauren McDowell

www.lauren-mcdowell.com  
laurenmcdowell98@gmail.com

---

## FILM

The Hatman, Vol. II	Older Jessica	Charlie Gandez Films
Bits & Pieces	Pedestrian	BVM Productions
Free Rent	Deborah	DMACC Films Capstone
Time to Die*	Lani	Lycaste Productions
Castleway Road	Donna	Missouri State Capstone
Possession	Officiator	Missouri State Capstone
Worst Case Scenario	Chloe	Missouri State Capstone
Actress for Hire	Allison	Evangel Films Capstone

*\*Best Supporting Actress Award-Iowa Motion Picture Association*

## COMMERCIAL/PRINT

List available upon request

## THEATRE

The Rimers of Eldritch	Eva	Missouri State University
The Wolves	#11	Missouri State University
WASP	Sis	Missouri State University

## TRAINING/WORKSHOPS

### *BFA in Acting at Missouri State University*

- **Acting:** Lisa Brescia, Kurt Heinlein, Robert Westenberg, Sarah Wiggin
- **Auditioning for the Camera/Acting on Film:** Kurt Heinlein
- **Combat for Stage and Screen:** Kurt Heinlein
- **Dialects:** Robert Westenberg
- **Movement:** Lisa Brescia, Rachel Jamieson, Ed Swidey
- **Shakespeare:** Sarah Wiggin
- **Vocal:** Michael Payne, Ed Swidey, Robert Westenberg
- **Voiceover Workshop:** Iké Amadi

## OTHER

- **In-School Players:** Missouri State University traveling children's theatre troupe
- **Art Inspired Academy:** Teaching Artist for youth with intellectual disabilities
- **Camp Stuttering Association for the Young (SAY):** Teaching/Theatrical Artist

## SPECIAL SKILLS

Screenwriting, directing, dance training (jazz, tap, ballet), intermediate Pilates, basic piano skills, tour guide, basic soccer skills, driver's license, works well with children and animals, cheerleading experience, can say alphabet backwards quickly, minor in Religious Studies